

7.2 Best Practices

**1) TITLE OF THE PRACTICE:-**

Providing Nutritious food for sports players

2) Goal**Aims and Objectives:-**

In our college majority of students are from rural and economical poor families. These students are found to be very active and aware winning in the sports. Many a times these students express their view that they do not get a nutritious food at home due to poorer conditions. So college decided to provide one time nutritious food to few selected students.

Objectives:-

- ✓ To provide daily one time nutritious food to the award winning sport players under age of 19 .

3) The Context:-

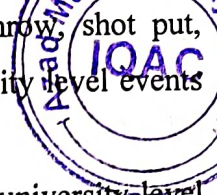
The students who are admitted in first year degree course and are under age of 19 and have showed their excellent performance in sports such as running, weight lifting, disc throw, shot put, kabaddi, etc. And belong to economically poor family. Such students are short listed and are called for practice on the sports ground of college from 5:30 to 7:30. After the daily practice they are provided a food.

4) The Practice:-

- ✓ Every day the sports director remains present on the campus in the morning and takes the practice of selected students.
- ✓ After the practice the selected students are asked to join the Azad Canteen
- ✓ In the canteen every student is provided with nutritious food pack consisting of
1. Half litre milk 2. One khichadi pouch 3. Two boiled eggs and 4. Two bananas

5) Evidence of Success:-

- ✓ In this academic year 14 students were selected for nutritious food supply by the sports committee.
- ✓ These students are provided with the above mentioned food package for two months i.e. July and August 2019.

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- ✓ These students have practiced running, weight lifting, disc throw, shot put, kabaddi, etc well and they were ready to participate the university level events which were expected to take place in Jan. 2020.
 - ✓ Form Jan. 2020 onwards, a pandemic issue arise due to which university-level all tournaments were cancelled. Due to this these students cannot show their performance

6] Problems Encountered and Resources Required:-

- ✓ Many of the students are from rural villages and they were expected to come for practice early in the morning but early in the morning before 7 am there was no transportation arrangement for him to come from his village to college, so he could not reach ground on time for practice and therefore he could not participated take benefit of nutritious food scheme.
- ✓ To continue this scheme for entire year huge funds are required which the college doesn't have

2] TITLE OF THE PRACTICE:-

Azad Merit Prizes

1. Objective of the practice

- To encourage the meritorious students in class to excel in the university exam
- To motivate the students lagging behind in studies and score good marks in final exams.

2. The context

The institution is located in the rural area; therefore many students admitted to various courses are from rural area. Most of them are not residing at local level. they are daily coming to college by MSRTC Buses or by private vehicles or on bicycles. Because of this daily wastage of time in travelling they are not getting sufficient time to study. Due to this their performance in final exams is not encouraging. Any way college encourages them by giving cash merit prizes in the class room after declaration of End Semester results which will encourage them and they will concentrate more on the studies and will try to excel in the final exam.

3. The practice

At the beginning of academic year almost all the results of even semester are declared. On the basis of result analysis first three toppers (class wise) are identified. After resuming the regular classes the Principal, Vice-Principal and Co-ordinator goes into the respective class rooms of UG

II and III year and readout the list of three toppers in that class. The respective students are asked to come over the dais and the merit first student is given a cash prize of 1001 Rs/-, second student Rs. 501 and third student is given Rs. 301. In a similar manner third year pass out students who stood in the college merit list are specially called in college and prizes are distributed to them.

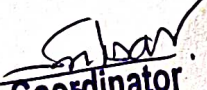
4. Evidence of Success

Due to this practice overall result at UG third year university examination is found to be enhanced, which is depicted from the following table


Class	College Av. Result
BA III	66.00%
BCOM III	63.33%
BSC III	72.72%

5. Problems encountered and resources required

No major problems other than scarcity of funds.


Coordinator
Internal Quality Assurance Cell
Azad Mahavidyalaya, Ausa




Principal
Azad Mahavidyalaya
Ausa Dist. Latur